Garage Gym Equipment Shopping Checklist			
	Mats		Ab Mat
	Olympic Bar		Ab Bench
	Olympic Bumper Plates		Plyometrics Boxes
	Dumbbells		Kettlebells
	Pull-up Bar		Jump Rope
	Dip Station		Medicine Balls
	Flat Bench		"Just Jump or Run"
	Squat Racks		Block and Tackle
	Portable Power Racks		Harness
	Rower		Ankle Straps
	Parallettes		Road or Mountain Bike
	Still Rings		Digital Video Camera
	Landing Mats		Stop Watch
	Rope		Marker Board
	Climbing Holds		AV System
	Campus Board		Fitness library
	Peg Board		Inspirational Art Work
	Glute-Ham Developer		